INSTRUCTIONS FOR USE
NEFFY® (ne'fee) epinephrine nasal spray (Single-dose)
For Use in the Nose Only

Neffy nasal spray device is for allergic emergencies (anaphylaxis).

Read this Instructions for Use on how to use neffy the right way. Anyone who may need to give a dose of neffy should also understand how to use the device.

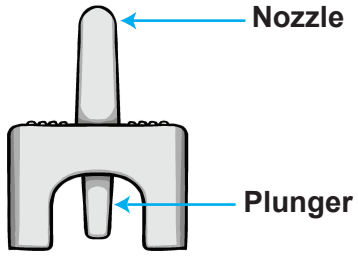
Ask a healthcare provider if you have any questions about how to use neffy.

Always carry 2 neffy nasal spray devices with you. You may need a second dose of neffy.

Important Information:

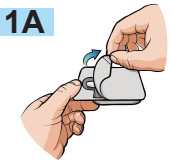
- **Use only in the nose.** Avoid spraying in the eyes or mouth.
- **Do not** test or prime (pre-spray) the device. Each neffy can only be sprayed 1 time.
- Each neffy nasal spray device has only 1 dose of medicine and is for single-use only.
- Check your neffy periodically to be sure the expiration date has not passed. Replace your neffy before the expiration date has passed.
- **Get emergency medical help for further treatment of the allergic emergency (anaphylaxis), if needed, after using neffy.**

Your neffy nasal spray device:



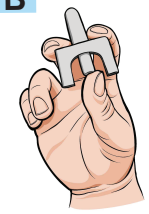
How to use the neffy nasal spray device

1A



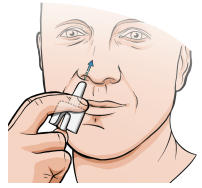
Remove neffy from packaging (see Figure 1A).
Pull open the packaging to remove the neffy nasal spray device.

1B



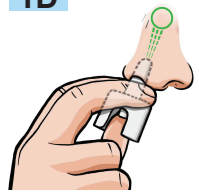
Hold device as shown (see Figure 1B).
Hold the device with your thumb on the bottom of the plunger and a finger on either side of the nozzle.
- **Do not pull or push on the plunger.**
- **Do not test or prime (pre-spray). Each device has only 1 spray.**

1C



Insert the nozzle into a nostril until your fingers touch your nose (see Figure 1C).
Keep the nozzle straight into the nose pointed toward your forehead.
Do not point (angle) the nozzle to the nasal septum (wall between your 2 nostrils) or outer wall of the nose.

1D

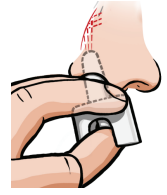


Press plunger up firmly until it snaps up and sprays liquid into the nostril (see Figure 1D).
Avoid sniffing during or after receiving a dose of neffy. If you do sniff by accident, or any liquid drips out of the nose, you may need to give a second dose of neffy after checking for symptoms.

Do not angle nozzle

Do not point (angle) the nozzle to the septum wall or outer wall of the nose.



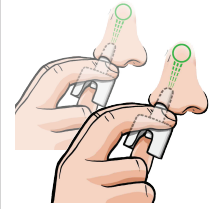


Get emergency medical help if needed

Get emergency medical help for further treatment of the allergic emergency (anaphylaxis), if needed, after using neffy. Tell them that a neffy nasal spray has been used.

Before you receive neffy, your healthcare provider should talk to you about when to get emergency medical help.

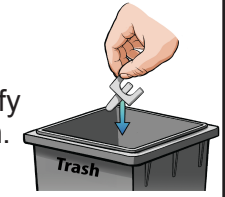
After 5 minutes, repeat dose if needed



Check for symptoms after the first dose of neffy.

If symptoms get worse or come back, give a second dose of neffy in the **same nostril** starting 5 minutes after the first dose.

Throwing away the used neffy nasal spray device:



- Throw away (dispose of) the used neffy nasal spray device in household trash.
- Do not recycle.

How should I store the neffy nasal spray device?

- Store neffy nasal spray in the blister pack or neffy carry case until ready to use. Neffy carry case is included in the carton.
- Store neffy at room temperature between 68°F to 77°F (20°C to 25°C).
- **Do not** intentionally freeze to below 5ºF (-15ºC). If neffy is accidentally frozen the device will not spray. Neffy may still be used if it has been thawed after being previously frozen.
- Exposure of neffy to high temperatures up to 122ºF (50ºC) is allowed for a few days.

Additional Information: For more information about neffy, call ARS at 1-877-MY-NEFFY (877-696-3339) or visit www.neffy.com for the most current labeling and instructional videos.

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This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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